

# 中国乔治健康研究所北京健康研究系列讲座暨招聘宣介会 Beijing Health Research Lecture Series and Career Opportunities at The George Institute for Global Health, China

13:30-15:00 P.M., 2012-10-11

Room 203, Yifu Building, Peking University Health Science Center, No. 38, Xueyuan Rd, Haidian District, Beijing  
北京市海淀区学院路38号北大医学部逸夫楼203教室

## Beijing Health Research Lecture Series

北京健康研究系列讲座

### Secondary cardiovascular prevention past, present and future

#### About the Speakers



Dr Julie Redfern is a Senior Research Fellow at the George Institute and a Clinical Senior Lecturer at the University of Sydney. Dr Redfern's research focuses on the development, testing and implementation of patient-centred approaches aimed at reduction of cardiovascular risk factors. She was won numerous prestigious research awards and is currently the Allied Health representative on the Board of the Cardiac Society of Australia and New Zealand and was a Co-Chair of a National Summit aimed at improved access to effective prevention of cardiovascular disease.

Dr Tom Briffa is a Research Associate Professor and Head of the Cardiovascular Disease Research Group at The University of Western Australia in the School of Population Health. He is an allied health graduate with postgraduate qualifications in cardiovascular secondary prevention and is currently researching trends in cardiovascular disease treatment and management. His main interests are improved secondary prevention services across practice settings, absolute cardiovascular risk assessment, and the non-pharmacological prevention and treatment of cardiovascular disease and related risk factors.



Dr Lis Neubeck is a Senior Research Fellow at the George Institute and a Clinical Senior Lecturer at the University of Sydney. She is an NHMRC Early Career Fellow following her PhD which examined ways to improve access to secondary prevention of cardiovascular disease. She has particular interests in remote access to secondary prevention, and use of new technologies to enhance participation and equity of access. She is the President of the Cardiovascular Health and Rehabilitation Association of NSW and ACT.

Professor Alexander Clark studies complex behavioural interventions for various forms of heart disease; this work has informed national health policy all over the world. He has published in many of world's leading journals in medicine, cardiology, nursing, social science and rehabilitation. He draws on complexity theory and uses various quantitative and qualitative methods to understand and improve health outcomes.



#### About the lecture

"Secondary prevention is the prevention of future events in people who have already suffered a heart event. It includes management of all cardiovascular risk factors including adherence to evidence-based medicines. This presentation will summarise the programs and methods by which secondary prevention has been delivered in the past, in the present and discuss how things could occur in the future. The presentation will include information about interventions studies, epidemiological information and results of systematic reviews. Each speaker will give a brief presentation and then there will be a panel discussion and the opportunity for discussion."

#### George Institute Globally and China

The George Institute for Global Health is a world-leading research institute with centers in Australia, China, India and the UK. A key focus involves developing innovation in healthcare, from lifestyle changes in the home to primary care at local clinics and clinical care in hospitals. In 2011, The George Institute was ranked #1 research institution in the world for scientific impact by the SCImago Institutions Rankings (SIR) World Report.

Our research is not undertaken in laboratories. It doesn't take years and years to make a difference to people. We're all about conducting research that has the power to improve the health of people on a local level right now.

At The George Institute for Global Health our mission is simple. We seek to improve the health of millions of people worldwide.

How do we do it? We do it by...

- Providing the best evidence to guide critical health decisions.
- Engaging with decision makers to enact real change.
- Targeting global epidemics, particularly of chronic diseases and injury.
- Focusing on vulnerable populations in both rich and poor countries.

The George Institute China is a rapidly growing public health research organization based in Beijing, but extends far beyond the capital to the mountains of Tibet, to villages in rural Northern China, and to bustling urban centers like Shanghai, Guangzhou, and Chengdu.

We are committed to our current areas of expertise - but our future will bring us into other areas of global health where we can continue to make real changes:

While staying focused on our research on chronic disease, we will expand our scope of research in terms of the types, causes, and effects of disease as well as seeking out solutions for disease prevention and control.

While staying focused on our research on healthcare solutions including techniques, drugs, and devices, we will highlight research on solutions for healthcare system policies, regulations, and information technology in combination with solutions for patients to encourage healthy behavior changes, self-management, and compliance to prescribed treatment.

While staying focused on research innovation, we will engage with government and key stakeholders to help pioneer the way research is translated into good health practice and public health policies.

At The George Institute, we offer different kinds of opportunities for people who are interested in doing research and who are willing to work with us to play a central role in overcoming China's health challenges by conducting high-impact, large-scale research focused on addressing chronic disease and injury prevention in China.

**Find out more about us and the opportunities we offer, join us at 13:30-15:00 on Oct 11, 2012 in Room 203, Yifu Building, Peking University Health Science Center, No. 38, Xueyuan Rd, Haidian District, Beijing.**