

2019 UN High-Level Meeting on Universal Health Coverage: A Call to Action

1 Use evidence to improve health systems

We must strengthen and expand the **synthesis and use of research knowledge and evidence**, prioritising **implementation studies, health policy and systems research**, and **knowledge translation** linked to Universal Health Coverage reform.



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2 Prioritise primary health care and a life-course approach

Primary health care and health services can play an essential role in promoting **low-cost and accessible prevention and treatment**.

The delivery of such care must be informed by a **life-course approach**, with a focus not on single diseases but on **broader aspects of health and well-being**, with strong **integration of services** between primary and other levels of care.



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3 Integrate services, including digital health solutions

We urgently need to break down traditional silos and **integrate the prevention, screening, and treatment of chronic diseases** into existing programmes.

Technology has a key role to play here, but digital solutions must be developed and evaluated in a **real-world context**, and integrated within existing and emerging health systems.



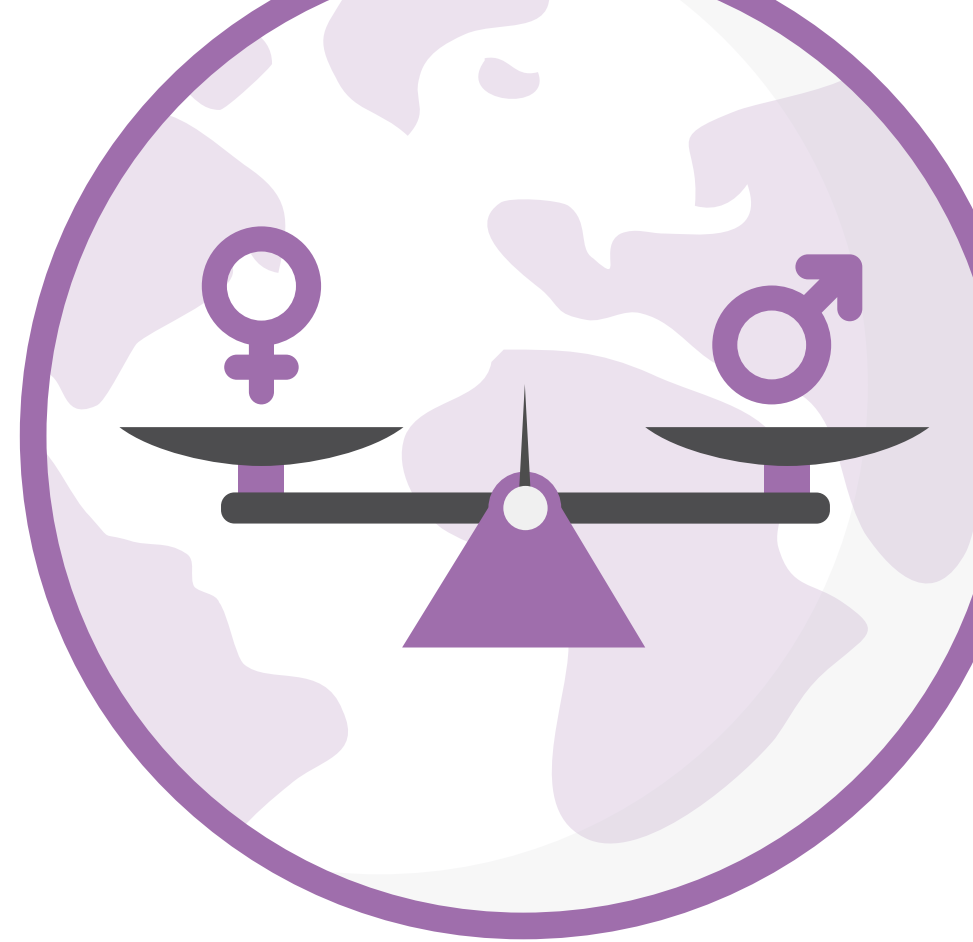
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4 Take a gender lens to health conditions and services

We must work with women to develop **targeted strategies** to address **unacceptable gender inequities**.

Gender-sensitive analyses are essential to understand the **determinants** of health conditions and risk factors; **barriers** to accessing services; and **pathways** leading to quality care.



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5 Ensure equitable and sustainable financing

We call on governments to **raise domestic finance through taxation** to achieve Universal Health Coverage, in order to ensure financing is **equitable and sustainable**.



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6 Use strategic purchasing and health technology assessments

Strategic purchasing and conducting **health technology assessments** with the **involvement of communities** are key to ensuring that benefit packages **maximise health benefits** for target populations, particularly in highly resource-constrained settings.



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7 Support frontline health workers and carers

We must **support frontline health workers** to advance the Universal Health Coverage agenda through embedded **research, training, supervision,** and appropriate **career paths.**

We need to be mindful of the **role of women as carers and community health workers,** and must end the practice of engaging women as unpaid and underpaid health and social care workers.



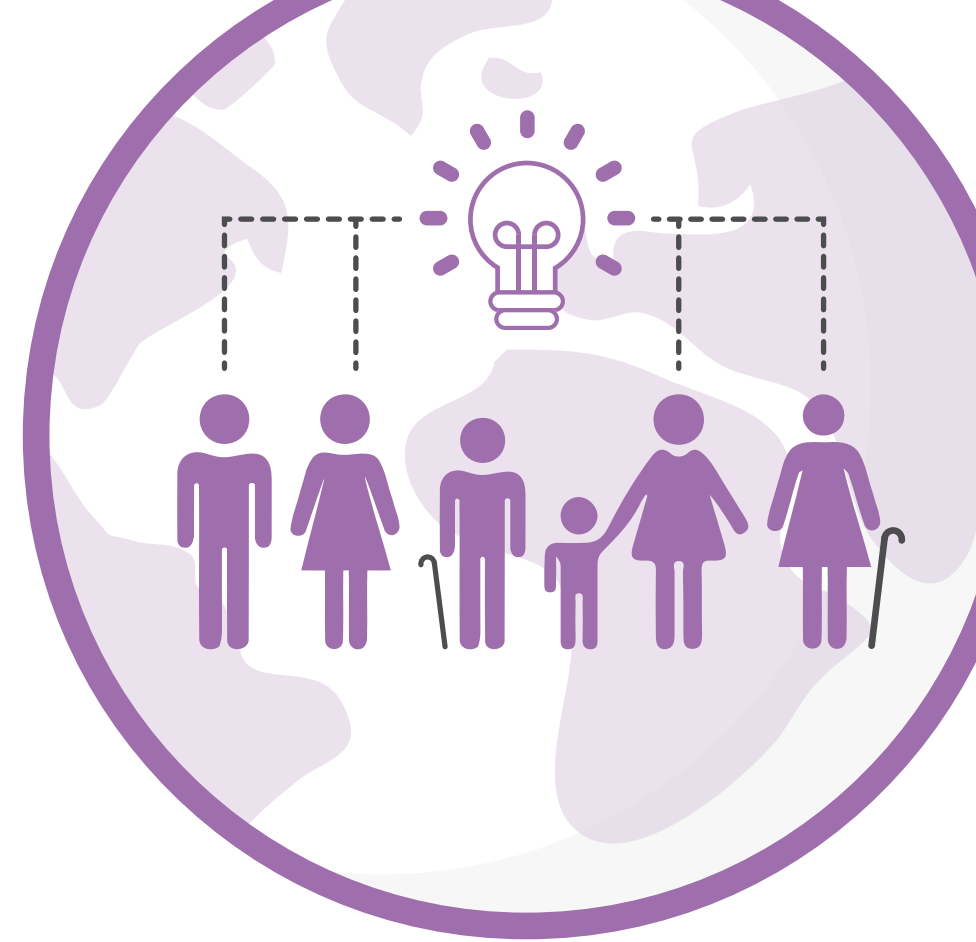
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8 Focus on prevention and community engagement

We must include services for **preventing chronic diseases** and **promoting good mental health** in Universal Health Coverage packages; services that can be delivered at **low cost** through **community-based** programmes.

We must ensure that **communities are involved in the design and delivery** of Universal Health Coverage, and in holding governments to account.



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